

Identifier	Poplar - Apprentice - Family and Consumer Science		Introduced	Completed
A FCS 1	FAMILY AND HUMAN DEVELOPMENT			
A FCS 1.1.01	Life Stages	Identify the components of prenatal care and the stages of prenatal development.		
A FCS 1.1.02	Life Stages	Recognize factors that affect prenatal development.		
A FCS 1.1.03	Life Stages	Identify stages of labor and delivery.		
A FCS 1.1.04	Life Stages	Identify the physical, emotional, social and intellectual growth, and development of the newborn and infant.		
A FCS 1.1.05	Life Stages	Identify the physical, emotional, social and intellectual growth, and development of the toddler.		
A FCS 1.1.06	Life Stages	Identify the physical, emotional, social, and intellectual growth, and development of the preschooler and school-age child.		
A FCS 1.1.07	Life Stages	Identify the physical and emotional growth and development of the adolescent and adult.		
A FCS 1.1.08	Life Stages	Identify the anatomy and physiology of the male and female reproductive systems.		
A FCS 1.2.01	Parenting	Identify nurturing practices that support human growth and development.		
A FCS 1.2.02	Parenting	Identify strategies that promote positive self-esteem.		
A FCS 1.2.03	Parenting	Identify discipline practices.		
A FCS 1.2.04	Parenting	Recognize abusive behaviors.		
A FCS 1.2.05	Parenting	Identify care and services available for children.		
A FCS 1.2.06	Parenting	Identify practices that promote health and well-being.		
A FCS 1.3.01	Family Roles	Recognize a family unit.		
A FCS 1.3.02	Family Roles	Recognize the importance of family roles.		
A FCS 1.3.03	Family Roles	Identify the stages of the family life cycle.		
A FCS 1.3.04	Family Roles	Identify family crisis.		
A FCS 1.3.05	Family Roles	Identify how teen pregnancy limits life choices.		
A FCS 1.4.01	Decision Making	Recognize that personal goals and priorities affect the decision to parent.		
A FCS 1.4.02	Decision Making	Recognize that health and genetics affect the decision to parent.		
A FCS 1.4.03	Decision Making	Recognize the financial responsibility of parenting.		
A FCS 1.4.04	Decision Making	Recognize the need for social and emotional readiness to parent.		
A FCS 1.5.01	Developmental Activities	Identify the major learning theories.		
A FCS 1.5.02	Developmental Activities	Identify learning environments.		
A FCS 1.5.03	Developmental Activities	Identify developmentally appropriate teaching methods and techniques.		
A FCS 1.5.04	Developmental Activities	Identify developmentally appropriate activities and lessons.		
A FCS 1.5.05	Developmental Activities	Identify developmental levels of children.		
A FCS 1.6.01	Employment	Recognize legal requirements for employment in early childhood education.		
A FCS 1.6.02	Employment	Identify employment opportunities in early childhood education.		
A FCS 1.6.03	Employment	Recognize the need for education and training in early childhood education.		
A FCS 2	FOOD SCIENCE AND NUTRITION			
A FCS 2.1.01	Safety and Sanitation	Recognize the importance of sanitary practices when handling food.		
A FCS 2.1.02	Safety and Sanitation	List the safety practices for food handling and kitchen safety.		
A FCS 2.2.01	Planning and Preparation	Name the major nutrients and food sources.		
A FCS 2.2.02	Planning and Preparation	Explain the food guide pyramid.		
A FCS 2.2.03	Planning and Preparation	Use technology to review daily food intake.		
A FCS 2.2.04	Planning and Preparation	List influences on food choices.		
A FCS 2.3.01	Management	Explain the influence of advertising on food purchases.		
A FCS 2.3.02	Management	Read and interpret food labels.		
A FCS 2.3.03	Management	Recognize the effects of workspace, tools, equipment, and technology on food preparation.		
A FCS 2.3.04	Management	Tabulate food costs and budgeting needs.		
A FCS 2.3.05	Management	Identify the principles of meal planning.		
A FCS 2.4.01	Service	Identify methods to select, store, prepare, and serve nutritious and aesthetically pleasing foods.		
A FCS 2.4.02	Service	Discuss etiquette, food presentation, and table service.		
A FCS 2.4.03	Service	Describe traits of an effective team member.		
A FCS 2.4.04	Service	Observe preparation techniques including following recipes, proper measurement technique and proper use of tools and equipment.		
A FCS 2.5.01	Quality	Recognize science skills while reproducing laboratory activities.		
A FCS 2.5.02	Quality	Review food science research and trends.		
A FCS 2.5.03	Quality	Record results of a food science laboratory activity.		
A FCS 2.6.01	Employment	Recognize legal requirements for employment in nutrition and food industry.		
A FCS 2.6.02	Employment	Identify employment opportunities in nutrition and food industry.		
A FCS 2.6.03	Employment	Recognize the need for education and training in the food industry.		
A FCS 3	TEXTILES AND APPAREL			
A FCS 3.1.01	Production	Construct, alter and repair apparel and textile products with guided instruction.		
A FCS 3.2.01	Use and Care	Identify textile fibers.		
A FCS 3.2.02	Use and Care	Read and follow instructions on product care labels.		
A FCS 3.3.01	Design	Recognize ways in which fabric, color, texture, and pattern can affect visual appearance.		
A FCS 3.4.01	Management	Recognize the need for wardrobe planning.		
A FCS 3.4.02	Management	Identify human and financial resources.		
A FCS 3.4.03	Management	Identify sources of apparel purchases.		
A FCS 3.4.04	Management	Recognize the advantages of recycling apparel.		
A FCS 3.5.01	Industry	Identify sources of textile and apparel products.		

Identifier	Poplar - Apprentice - Family and Consumer Science		Introduced	Completed
A FCS 3.5.02	Industry	Identify child labor laws.		
A FCS 3.5.03	Industry	Recognize safe working environments.		
A FCS 3.6.01	Employment	Recognize legal requirements for employment in the textile and apparel industry.		
A FCS 3.6.02	Employment	Identify employment opportunities in the textile and apparel industry.		
A FCS 3.6.03	Employment	Recognize the need for education and training in the textile and apparel industry.		
A FCS 4	RESOURCE MANAGEMENT			
A FCS 4.1.01	Decision Making	Identify how individuals and families make choices about food, clothing, housing, health care, recreation, and transportation.		
A FCS 4.2.01	Relationships	Identify needs and characteristics of relationships.		
A FCS 4.2.02	Relationships	Identify communication skills recognizing the need for conflict resolution.		
A FCS 4.2.03	Relationships	Recognize appropriate behavior in interpersonal relationships.		
A FCS 4.3.01	Rights and Responsibilities	Identify consumer rights and responsibilities.		
A FCS 4.3.02	Rights and Responsibilities	Identify consumer protection agencies.		
A FCS 4.4.01	Finances	Identify the need for financial planning, saving, and investing to achieve personal goals.		
A FCS 4.4.02	Finances	Recognize the components of a balanced budget.		
A FCS 4.4.03	Finances	Identify the importance of retaining personal, legal, and financial documents.		
A FCS 4.4.04	Finances	Recognize the cost of credit.		
A FCS 4.5.01	Technology	Recognize the types of technology that impact family and consumer decision-making.		
A FCS 4.5.02	Technology	Observe the use of technology.		
A FCS 4.6.01	Behaviors	Identify the steps in the decision-making process.		
A FCS 4.6.02	Behaviors	Define short- and long-term goals.		
A FCS 4.6.03	Behaviors	Describe effective work habits.		
A FCS 4.6.04	Behaviors	Identify the characteristics of a leader and a team member.		
A FCS 4.6.05	Behaviors	Identify responsible behaviors.		
A FCS 4.6.06	Behaviors	Identify the short-term consequences of drug and alcohol use.		
A FCS 5	EMPLOYABILITY SKILLS			
A FCS 5.1.01	Problem-Solving	Identify steps in the problem-solving process (e.g., state the problem, list solutions, weigh alternatives, formulate a plan, and evaluate the plan).		
A FCS 5.1.02	Problem-Solving	Identify alternative solutions to a problem.		
A FCS 5.1.03	Problem-Solving	Identify the basic components of an action plan.		
A FCS 5.2.01	Critical Thinking	Define critical thinking.		
A FCS 5.2.02	Critical Thinking	Identify the essential steps of critical thinking.		
A FCS 5.2.03	Critical Thinking	Define emotional and logical thinking.		
A FCS 5.3.01	Speak, Write, Listen	Identify effective listening skills.		
A FCS 5.3.02	Speak, Write, Listen	Identify the benefits of effective communication skills in the workplace.		
A FCS 5.3.03	Speak, Write, Listen	Recognize the difference between respectful and disrespectful communication.		
A FCS 5.4.01	Technology	List types of basic technology systems currently available.		
A FCS 5.4.02	Technology	Identify the use and benefits of technology in workplace, school, and home.		
A FCS 5.4.03	Technology	Identify sources of electronic information.		
A FCS 5.4.04	Technology	Recognize the need for routine maintenance and repair of technological equipment.		
A FCS 5.5.01	Leadership and Teamwork	Identify leadership qualities.		
A FCS 5.5.02	Leadership and Teamwork	Identify team roles.		
A FCS 5.5.03	Leadership and Teamwork	Recognize the need for team goals.		
A FCS 5.6.01	Ethics	Identify desirable personal and professional work habits and behaviors (including punctuality, regular attendance, quality performance, meeting or exceeding job expectations, self-motivation, and honesty).		
A FCS 5.6.02	Ethics	Identify types of confidential information (including mail and information about personnel, customers, and company).		
A FCS 5.6.03	Ethics	Recognize the differences associated with diversity (e.g., racial, ethnic, gender, educational, social, and age).		
A FCS 5.6.04	Ethics	Recognize respectful behavior for diverse business practices and etiquette.		
A FCS 5.7.01	Performance	Identify strategies for balancing work and family roles.		
A FCS 5.7.02	Performance	Identify human and non-human resources.		
A FCS 5.7.03	Performance	Recognize the need for management skills in the workplace such as time, stress, and anger management.		
A FCS 5.7.04	Performance	Identify effective use of resources.		
A FCS 5.8.01	Career Planning	Determine own interests, personality characteristics, and aptitudes.		
A FCS 5.8.02	Career Planning	Identify career options.		
A FCS 5.8.03	Career Planning	Identify how career choices influence family and personal life.		
A FCS 5.8.04	Career Planning	Discuss future trends and occupations in the world of work.		
A FCS 5.9.01	Retention Skills	Recognize the need for career planning.		
A FCS 5.9.02	Retention Skills	Identify effective methods to secure employment (e.g., locating acceptable jobs, interviewing, completing a job application, resume, letters of recommendation, portfolio, and interpreting an employee contract).		
A FCS 5.9.03	Retention Skills	Identify effective methods to maintain employment (e.g., problem solving, communication, work ethic, and interpersonal skills).		