

Identifier	Poplar - Grade 2 - Health	Introduced	Completed
2 H 1	HEALTH PROMOTION / DISEASE PREVENTION		
2 H 1.01	Identify personal health practices that promote physical, mental, and social health (sleep, diet, fitness, and personal hygiene).		
2 H 1.02	Identify basic anatomy (i.e., eyes, nose, ears, etc.).		
2 H 1.03	Describe how healthy eating promotes growth and well-being.		
2 H 1.04	Identify and differentiate between helpful and harmful drugs.		
2 H 1.05	Identify hazardous conditions related to personal health and safety.		
2 H 1.06	Recognize basic prevention strategies for common illnesses.		
2 H 1.07	Demonstrate the ability to locate school and community health helpers.		
2 H 1.08	Identify elements of the environment that affect personal health (air, water, food, soil, and pollutants).		
2 H 1.09	Describe how germs cause disease.		
2 H 1.10	List rules for taking medicines.		
2 H 2	HEALTH INFORMATION / ACCESSING INFORMATION		
2 H 2.01	Show linkages between actions and consequences of positive and negative health behaviors.		
2 H 2.02	Identify positive and negative behaviors with need for health care.		
2 H 2.03	Cite several examples of home fire safety concerns.		
2 H 2.04	List rules for safety when riding a school bus.		
2 H 2.05	Describe basic safety procedures when playing in or near water.		
2 H 2.06	Describe basic safety procedures when near electricity.		
2 H 2.07	Describe basic safety procedures when riding a bicycle.		
2 H 2.08	Recognize that human growth and development begins inside the mother.		
2 H 3	HEALTH ENHANCEMENT / SELF MANAGEMENT		
2 H 3.01	Show the characteristics of bullies and victims.		
2 H 3.02	Identify basic and appropriate refusal skills.		
2 H 3.03	Demonstrate basic injury prevention and management strategies for personal health.		
2 H 3.04	Identify stress.		
2 H 3.05	Define abuse.		
2 H 3.06	Tell what to do if abused.		
2 H 3.07	Give examples of both acceptable and unacceptable behaviors and their consequences.		
2 H 4	INFLUENCES		
2 H 4.01	Identify foods of various cultures.		
2 H 4.02	Show how technology has influence on displaying health and chronic disease.		
2 H 4.03	Show various health advertising in a different forms.		
2 H 4.04	Name the foods shown in the food pyramid.		
2 H 4.04	List three reasons for the importance of eating a variety of foods.		
2 H 4.05	Strive to improve personal best.		
2 H 5	INTERPERSONAL COMMUNICATION		
2 H 5.01	Show basic verbal and nonverbal communication techniques.		
2 H 5.02	Show ways to communicate care, consideration, and respect for self and others.		
2 H 5.03	Cite ways people show respect for their own and others' bodies.		
2 H 6	DECISION MAKING / GOAL SETTING		
2 H 6.01	Show a decision-making process model.		
2 H 7	PERSONAL AND COMMUNITY HEALTH		
2 H 7.01	Explain positive health choices.		
2 H 7.02	Transfer weight using different body parts.		
2 H 7.03	Demonstrate ability to follow directions.		
2 H 7.04	Demonstrate ability to take turns.		
2 H 7.05	Practice rules of safety in and around school.		
2 H 7.06	Demonstrate responsibility for school equipment.		