

1.0 Philosophy

1.1 Purpose - The White Pine County School District believes that the goals and objectives of this district are best achieved by a diversity of learning experiences, some of which are more appropriately conducted outside the regular classroom curricular program of the school. These activities include inter-scholastic athletics, intramural athletics, clubs, musical organizations, dramatics, publications, and all school-sponsored affairs which occur other than during the regularly scheduled school hours. The organization, planning and supervising of such activities are highly important to the well-being of all participants.

1.2 The program is divided into three basic areas. Curricular programs and activities are a direct result of the classroom environment. Co-curricular programs are activities and events that are developed from the classroom. Extra-curricular programs are activities that are outside the confines of the classroom.

1.3 Objectives - Activities should have as their chief purposes friendly rivalry, new friendships, skill development, character building, good sportsmanship and improved community relations.

1.3.1 These activities shall provide the opportunity to learn and improve skills.

1.3.2 These activities are provided as an aid in the development of stamina, vigor, endurance, service, judgement and ethical behaviors.

1.3.3 These activities shall provide for the opportunity to develop relationships and friendships not only in the local environment but to extend into the larger community.

1.3.4 These activities are provided as a chance to observe and exemplify models of behavior, exemplary in their citizenship, skills and interaction.

1.3.5 These activities are provided to foster the realization that interaction carries responsibilities and that service is a privilege, competition and striving to achieve excellence the hallmarks of good citizenship.

1.3.6 These activities shall provide a chance to enjoy one of the greatest heritages of youth - the opportunity to participate, imagine, and celebrate life.

1.3.7 These activities are provided to give the participants the chance to learn the consequences of actions, to grow in wisdom and appreciation of others.

1.3.8 Activities/athletics shall occupy a position in the curriculum comparable to that of other subjects and is an essential part in the development of the complete student.

1.3.9 Activities/athletics shall be made educational.

1.3.10 Activities/athletics shall be used to promote a positive school morale.

1.3.11 Proper student interest shall be created, encouraged and supported.

1.3.12 Programs shall be organized so that they are an aid and enhancement

to the school rather than a source of detraction.

1.3.13 All visiting schools shall be treated as guests.

1.3.14 Activities/athletics shall be broad rather than narrow in its scope. It shall include as many activities as possible in order to interest and be of benefit to more students.

1.3.15 The school policy towards activities shall be clearly defined and evenly executed.

1.3.16 Fair play and good school citizenship shall be objectives of all activities.

1.3.17 The community shall realize that control of and responsibility for school athletics/activities rests entirely with school authorities.

1.3.18 The school athletics/activities shall furnish an opportunity for the general public insofar as a community is willing to see that the program is conducted solely for the benefit of student competition, education and/or student expression and viewing.

1.3.19 The community shall judge success of a program on the number of participants and spectators, new skills acquired and good citizenship and sportsmanship taught, rather than on the number of games won and lost.

1.3.20 The community shall keep in mind the fact that the program is part of the overall school educational endeavor and that the participants are still children.

1.4 Expectations/Sportsmanship

1.4.1 Athletics should foster clean sports. It is privilege and duty of every person connected with athletics to exemplify these principles in his/her own actions and earnestly advocate them before others.

a) The rules of the game are to be regarded as mutual agreements, the spirit or letter of which no honorable person would break. The stealing of advantage in sport is theft.

b) No advantages are to be sought over others except those in which the game is understood to show superiority.

c) Unsportsmanlike or unfair means are not to be used even when they are used by opponents.

d) Visiting teams are to be honored guests of the home team, and should be treated as such.

e) No action is to be taken nor course of conduct pursued which would seem unsportsmanlike or dishonorable if known to one's opponent or the public.

f) Remember that a student spectator represents his/her school the same as does the athlete.

g) Any spectator who continually evidences poor sportsmanship should be requested not to attend future contests or events.

h) Decisions of officials are to be abided by, even when they seem unfair.

i) Officials and opponents are to be regarded and treated as honest in

intention. In games when opponents conduct themselves in an unbecoming manner, and when officials are manifestly dishonest or incompetent, future relationship with them should be avoided.

j) Good points in others should be appreciated and suitable recognition given.

k) The practice of "booing" is regarded as discourteous and unsportsmanlike.

2.0 Organization and Authority

2.1 Associations

2.1.1 NIAA - Nevada Interscholastic Athletic Association

a. White Pine County School District is a member in good standing and shall abide by the rules, regulations, by-laws, restrictions, and entitlement of the Nevada Interscholastic Athletic Association (NIAA).

b. NIAA Philosophy: It is unconscionable that a school or any of its professional employees would subvert the high purposes of interscholastic athletics by condoning any violation of the rules which is inimical to the intent of the By-Laws of the NIAA. To involve boys or girls in any procedure or practice which "gets around the rules" is unworthy of a professional person associated with athletics.

2.1.2 NFL - National Forensics League

2.1.3 FBLA - Future Business Leaders of America

2.1.4 Odyssey of the Mind/Destination Imagination

2.1.5 MENC - Music Educators National Conference

2.1.6 NMEA - Nevada Music Educators Association

2.1.7 ACDA - American Choral Directors Association

2.1.8 NHS - National Honor Society

2.1.9 NASC - National Association of Student Councils

2.1.10 NSB - National Spelling Bee

2.1.11 ETSB - Ely Times Spelling Bee

2.1.12 BB - Biz Bee

2.1.13 SC - Scholarship Challenge/Olympics of the Mind

2.1.14 NTA - National Thespians Association

3.0 Responsibilities

3.1 Administration

3.1.1 The Principal, in all matters pertaining to the interscholastic athletic relations of his/her school, is responsible to the association, that is, NIAA. He/she may delegate some of these powers but such delegation shall not relieve him/her of responsibility for any infraction, by his/her school, of the Constitution and By-Laws of NIAA.

3.1.2 The initial responsibility for adherence to and enforcement of applicable NIAA rules by a member school and its athletes and other personnel rests with the Principal of that school.

3.1.3 The Principal shall have the following power and duties:

a) To have control over all interscholastic athletic relations in which his/her school participates. This applies to interscholastic athletics for both boys and girls.

b) To sanction all contests in which his/her school participates, and to notify the Executive Director of the NIAA, within ten days, if his/her school has entered a contest which he/she has not sanctioned.

c) To exclude any contestant, who, because of bad habits, or improper conduct, would not represent his/her school in a becoming manner, and also to exclude any contestant who has suffered serious illness or injury until that contestant is pronounced physically fit by the school physician, or if none is employed, by another licensed physician.

d) To be responsible for the treatment of all visitors and officials attending contests conducted by his/her school. Penalties may be imposed upon a member school whose Principal fails to provide reasonable protection for officials and visitors at home games. If a game is played at a neutral place, the Principals of the participating schools shall be held jointly responsible for this protection. In such a case, penalties may be imposed upon either or both of the schools.

e) To see that all contracts for interscholastic athletic contests in which his/her school participates are in writing and bear his/her signature or, at his option, that of the Athletic Director.

f) All written contracts with officials shall be signed by the Principal or by one Principal representing a league or conference or, at the option of the applicable Principal, the Athletic Director or one Athletic Director representing a league or conference.

g) To authorize a full-time teacher of his/her school district to be the Faculty Manager of the team representing his/her school, unless he/she acts as the Faculty Manager. (*The Faculty Manager is a representative designated by the Principal.*)

h) The Principal or his/her authorized representative shall accompany his/her team to all contests.

i) To be responsible for certifying in writing the eligibility of all contestants in accordance with the By-Laws of NIAA.

j) The Principal shall have such other powers concerning interscholastic athletics within his/her school as are in keeping with the growth and needs of the school and which are consistent with the provisions of the Constitution and By-Laws of the NIAA.

k) The Principal in accordance with White Pine School District Policy aid in coordinating the use of the school facilities.

3.1.3 The Principal should be honest in certification of players and participants, refusing certification of any student where a lack of thoroughly reliable information makes possible his/her ineligibility.

3.1.4 The Principal should endeavor to foresee possible misunderstandings

with other schools, and as far as possible settle them before they materialize.

3.1.5 The Principal should pass on to another school's officials any seemingly authentic information which calls in question the eligibility of any participants.

3.1.6 The Principal should encourage the school's support of its teams and activities, but never at the expense of friendly and cordial relations.

3.1.7 The Principal or his/her appointed designee shall have the authority to enter into contracts regarding performing rights, royalty and licensing agreements, and copyright procurement in accordance with White Pine County School District Policies.

3.2 Athletic Director/Activities Coordinator

3.2.1 The Athletic Director/Activities Coordinator should arrange only schedules, practices, games and performances which are educationally and physically sound for the students.

3.2.2 The Athletic Director/Activities Coordinator should have a definite and mutual understanding with other Athletic Directors/Activities Coordinators regarding officials and adjudicators.

3.2.3 The Athletic Director/Activities Coordinator should treat visiting teams, students, coaches, advisors, officials and adjudicators as guests.

3.2.4 The Athletic Director/Activities Coordinator and the community should co-operate in developing a wholesome, well-rounded and supportive athletic/activities program.

3.2.5 The Athletic Director shall survey the coaching staff in March of each year to determine coaches' intentions for the following year. Current coaches, sponsors, etc., with acceptable performances, may be offered a contract for the next year. [WPCSDCH]

3.2.6 When vacancies develop or new positions are added to the coaching staff, the following actions shall be taken:

- a) The Athletic Director shall post a listing of the position(s) available for next year in the District Link publication.
- b) The Athletic Director, in consultation with the principal, shall determine if interested persons possess the minimum qualifications necessary to perform the responsibilities of the position.
- c) The Athletic Director shall then notify interested candidates if further consideration will be extended.
- d) The Athletic Director and Principal shall interview selected candidates and hire based on what is best for the school programs.
- e) All head coaches will be in consultation with the Athletic Director regarding the selection of assistant coaches.
- f) Coaches must meet normal hiring procedures.
- g) The Superintendent must approve all appointments of coaches/advisors.

h) NIAA hiring procedures will be followed. [WPCSDCH]

3.2.7 Athletic Schedules - All athletic schedules will be established and distributed by the Athletic Director. Coaches must request any deletions, additions, or changes. [WPCSDCH]

3.2.8 Excusing Athletes/Student Participants from Class - The Athletic Director or Activities Coordinator will distribute pre-arranged lists to the teachers for each sport. [WPCSDCH]

3.2.9 Media - Coaches will complete a results form after each competition and turn it in to the Athletic Director/Activities Coordinator by the next school day. Athletic Director/Activities Coordinator is responsible for sharing this information with local media. [WPCSDCH]

3.3 Coaches/Advisors

3.3.1 Purpose of General Policies and Procedures

- a) To afford an opportunity to identify, recognize and praise quality coaching and instruction
- b) To provide an opportunity to identify potential leadership within a system
- c) To create a climate to achieve individual improvement through job targets
- d) To provide information necessary to make an objective assessment of the performance of a coach
- e) To identify those factors which interfere with a coach/advisor's overall contribution to the program
- f) To assure that quality coaching/advising is a responsibility shared by the entire coaching/advising staff and the athletic director/activity coordinator. [WPCSDCH]

3.3.2 The coach/advisor should have a fair, unprejudiced relationship to the participants

3.3.3 The coach/advisor should teach athletes and participants to win and strive to succeed through legitimate means only. To win at any cost is distinctly unethical.

3.3.4 The coach/advisor should give opponents full credit when they win.

3.3.5 The coach/advisor should be in control of his/her emotions and temper at all times. The humiliation and destruction of a student's self-worth is contrary to the basic principles of a sound education. Public displays of displeasure and reprimand of a student participant/performer is destructive to the program and is discouraged.

3.3.6 The coach/advisor should discourage profanity, obscene language, sexual and ethnic harassment at all times.

3.3.7 The coach/advisor should recommend the use of competent officials and support their decisions. He/she should not criticize the actions or decisions of officials before players or spectators.

3.3.8 The coach/advisor is considered to be a member of the educational

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community and its instructional team. Disputes between staff should be handled in a mature, non-confrontational manner where the students and parents are not used to further a particular cause or position.

3.3.9 The coach/advisor should counteract unfounded rumors of questionable practices of opponents. To establish the truth or falsity of these rumors he/she should refer them directly to the authorities of the school concerned.

3.3.10 The coach/advisor should not solicit players from other schools.

3.3.11 The coach/advisor should at all times monitor the health status of the student participants.

3.3.12 All injuries are to be given proper attention.

3.3.13 All coaches, athletic advisors and activity advisors are required to attend rules interpretation meetings, auditions and tryouts. Fines levied for failure to do so are the responsibility of these coaches and advisors.

3.3.14 Coaches Clinics/Training - Coaches' clinics and training are the individual coach's responsibility. However, when possible, the Athletic Department/Activities Coordinator will help coaches/advisors with expenses and release time for one clinic per year. All requests are to be made in writing to the Athletic Director/Activities Coordinator and must be approved by the Principal. [WPCSDCH]

3.3.15 All coaches and athletic advisors will be trained and certified in First Aid and CPR, and shall, at least, be trained at the first available opportunity after appointment to the position.

3.3.16 The coach/advisor must be responsible for the supervision of all participants. This includes the locker room, dressing rooms, and buses as well as on the field or performing arena. Negligence is defined as the failure to exercise that degree of caution and good judgment necessary to avoid exposing others to unreasonable danger or risk of injury.

3.3.17 Responsibilities of Coaches - The function of a coach is to properly educate students through participation in interscholastic competition. The interscholastic program is designed to enhance academic achievement and never should interfere with opportunities for academic success. Each child should be treated as though he/she were the coaches'/advisors' own, and the child's welfare shall be uppermost at all times. In recognition of this, the following guidelines for coaches have been adopted by the National Federation of State High School Associations (NFICA) Board of Directors.

a) The coach/advisor must be aware the he or she has a tremendous influence, either good or bad, in the education of the student-athlete and, thus, shall never place the value of winning above the value of instilling the highest desirable ideals of character.

b) The coach/advisor must constantly uphold the honor and dignity of the profession. In all personal contact with the student-athlete, officials, athletic directors, school administrators, the state high school athletic

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association, the media and the public, the coach shall strive to set an example of the highest ethical and moral conduct.

c) The coach/advisor shall take an active role in the prevention of drug, alcohol and tobacco abuse and under no circumstances should authorize their use.

d) The coach/advisor shall not use tobacco or alcohol products when in contact with players/participants during school sanctioned activities.

e) The coach/advisor shall promote the entire interscholastic program of the school and direct his or her program in harmony with the total school program.

f) The coach/advisor shall be acquainted thoroughly with the contest rules and is responsible for their interpretation to team members. The spirit and letter of rules should be regarded as mutual agreements. The coach shall not try to seek an advantage by circumvention of the spirit or letter of the rules.

g) Coaches/advisors shall actively use their influence to enhance sportsmanship by their spectators, working closely with cheerleaders, pep club sponsors, booster clubs and administrators.

h) Coaches/advisors will know the District policies, regulations and laws governing education and will work to ensure that they benefit students.

i) Contest officials shall have the respect and support of the coach/advisor. The coach/advisor shall not indulge in conduct which will incite players or spectators against the officials. Public criticism or officials or players is unethical.

j) Before and after contests, rival coaches/advisors should meet and exchange friendly greetings to set the correct tone for the event.

k) A coach/advisor shall not exert pressure on faculty members to give student-athletes special consideration.

l) It is unethical for coaches/advisors to scout opponents by any means other than those adopted by the league and/or state high school athletic association. [WPCSDCH]

3.3.18 Code of Ethics for coaches and advisors of Lund Schools - A code of ethics is a set of ethical principles and standards designed to guide a group of people in taking acceptable and approved action.

a) The coach/advisor understands that the purpose of activities and athletics is to promote the physical, mental, moral and social well-being of the students.

b) The coach/advisor is to set an example of good conduct for participants, students and general public by acting in an adult, mature, respectful manner at all times, by not drinking/consuming alcoholic beverages, by not using unauthorized drugs, by not using tobacco products or engaging in profane language while supervising any student activity, and to maintain control of participants at all practices,

presentations, trips and games.

c) The coach/advisor is to respect the decisions of officials, adjudicators and judges as well as to remain undemonstrative in accepting these decisions.

d) The coach/advisor is to be courteous to visiting students, coaches, advisors, teams and officials.

e) The coach/advisor is to strive for a good working relationship with opposing students, coaches, advisors and schools.

f) The coach/advisor is to achieve a thorough knowledge and understanding of the rules, as well as the spirit behind the rules, of the game; to recognize and encourage excellent achievement, regardless of the source; and, to share the joy of continuing growth in the activity.

3.3.19 Media - Coaches will complete a results form after each competition and turn it in to the Athletic Director/Activities Coordinator by the next school day. Athletic Director/Activities Coordinator is responsible for sharing this information with local media. [WPCSDCH]

3.3.20 Authorized Practice Schedule - There shall be no practice on Sundays. A participant must have ten practice days recorded before he/she can participate in the first contest unless there are special circumstances. Special circumstances need to be cleared through the Athletic Director and the NIAA. [WPCSDCH]

3.3.21 Expectations of Coaches - A classroom is a location where instruction takes place. This includes but is not limited to a regular classroom, a practice field, or the area where an activity or event is conducted. The position of a role model for the youth of White Pine County School District cannot be taken lightly. Coaches/advisors assigned to working with students are expected to demonstrate ethical professional conduct at all times.

a) Appraisals - The Athletic Director will assess the performance by assistant coaches utilizing input from the head coach. The Athletic Director and Principal will conduct assessments of head coaches. The Athletic Director and Principal will be responsible for contract recommendation. A post appraisal conference may be scheduled for each coach.

b) If an incident occurs at such time as a coach is removed from a contest for inappropriate conduct, the following shall take place:

1) Notification of the coach that he/she is ineligible to coach for at least the next scheduled contest. Should the incident warrant additional disciplinary action, the school administrator shall act accordingly.

Coaches are not to be in attendance at games in which they are ineligible to coach.

2) Should a coach be disqualified a second time, the coach will be ineligible for a minimum of the next two subsequent contests. If the

incident warrants additional disciplinary action, the school administrator may lengthen the suspension or replace the coach. Such coaches are not to be in attendance at games in which they are ineligible to coach. [WPCSDCH]

3.3.22 Summary of National Standards For Athletic Coaches

a) Domain: Injuries: Prevention, Care and Management

1) Standard 1 - Prevent injuries by recognizing and insisting on safe playing conditions.

2) Standard 2 - Ensure that protective equipment is in good condition, fits properly and is worn as prescribed by the manufacturer; ensure that equipment and facilities meet required standards.

3) Standard 3 - Recognize that proper conditioning and good health are vital to the prevention of athletic injuries.

4) Standard 4 - Prevent exposure to the risk of injuries by considering the effects of environmental conditions on the circulatory and respiratory systems when planning and scheduling practices and contests and implementing programs for physical conditioning.

5) Standard 5 - Be able to plan, coordinate and implement procedures for appropriate emergency care.

6) Standard 6 - Demonstrate skill in the prevention, recognition and evaluation of injuries and the ability to assist athletes with the recovery/rehabilitation from injuries that are generally associated with participation in athletics in accordance with guidelines provided by qualified medical personnel.

7) Standard 7 - Facilitate a unified medical program of prevention, care and management of injuries by coordinating the roles and actions of the coach and a National Athletic Trainers Association certified athletic trainer with those of the physician.

8) Standard 8 - Provide coaching assistants, athletes and parents guardians with education about injury prevention, injury reporting and sources or medical care.

b) Domain: Risk Management

1) Standard 9 - Understand the scope of legal responsibilities that come with assuming a coaching position, i.e. proper supervision, planning and instruction, matching participants, safety, first aid and risk management.

2) Standard 10 - Properly inform coaching assistants, athletes, and parents/guardians of the inherent risks associated with sport so that decisions about participation can be made with informed consent.

3) Standard 11 - Know and convey the need and availability of appropriate medical insurance.

4) Standard 12 - Participate in continuing education regarding rules changes, improvement in equipment, philosophical changes, improved

techniques and other information in order to enhance the safety and success of the athlete.

- c) Domain: Growth, Development and Learning
- 1) Standard 13 - Recognize the developmental physical changes that occur as athletes move from youth through adulthood and know how these changes influence the sequential learning and performance of motor skills in a specific sport.
 - 2) Standard 14 - Understand the social and emotional development of the athletes being coached, know how to recognize problems related to this development and know where to refer them for appropriate assistance when necessary.
 - 3) Standard 15 - Analyze human performance in terms of developmental information and individual body structure.
 - 4) Standard 16 - Provide instruction to develop sport specific motor skills and refer the athletes to appropriate counsel as needed.
 - 5) Standard 17 - Provide learning experiences appropriate to the growth and development of the age group coached.
- d) Domain: Training, Conditional and Nutrition
- 1) Standard 18 - Demonstrate a basic knowledge of physiological systems and their responses to training and conditioning.
 - 2) Standard 19 - Design programs of training and conditioning that properly incorporate the mechanics of movement and sound physiological principles taking into account each individual's ability and medical history, avoiding contra-indicated exercises and activities and guarding against the possibility of over-training; be able to modify programs as needed.
 - 3) Standard 20 - Demonstrate knowledge of proper nutrition and educate athletes about the effects of nutrition upon health and physical performance.
 - 4) Standard 21 - Demonstrate knowledge of the use and abuse of drugs and promote sound chemical health.
- e) Domain: Social/Psychological Aspect of Coaching
- 1) Standard 22 - Subscribe to a philosophy that acknowledges the role of athletics in developing the complete person.
 - 2) Standard 23 - Identify and interpret to co-coaches, athletes, concerned others and the general public the values that are to be developed from participation in sports programs.
 - 3) Standard 24 - Identify and apply ethical conduct in sport by maintaining emotional control and demonstrating respect for athletes, officials and other coaches.
 - 4) Standard 25 - Demonstrate effective motivational skills and provide positive, appropriate feedback.
 - 5) Standard 26 - Conduct practices and competitions to enhance the

physical, social and emotional growth of athletes.

- 6) Standard 27 - Be sufficiently familiar with the basic principles of goal setting to motivate athletes toward immediate and long range goals.
 - 7) Standard 28 - Treat each athlete as an individual while recognizing the dynamic relationship of personality and socio-cultural variables such as gender, race and socio-economic differences.
 - 8) Standard 29 - Identify desirable behaviors (self discipline, support of teammates, following directions, etc.) And structure experiences to develop such behaviors in each athlete.
- f) Domain: Skills, Tactics and Strategies
- 1) Standard 30 - Identify and apply specific competitive tactics and strategies appropriate for the age and skill levels involved.
 - 2) Standard 31 - Organize and implement materials for scouting, planning practices and analysis of games.
 - 3) Standard 32 - Understand and enforce the rules and regulations of appropriate bodies that govern sport and education.
 - 4) Standard 33 - Organize, conduct and evaluate practice sessions with regard to established program goals that are appropriate for different stages of the season.
- g) Domain: Teaching and Administration
- 1) Standard 34 - Know the key elements of sport principles and technical skills as well as the various teaching methods that can be used to introduce and refine them.
 - 2) Standard 35 - Demonstrate objective and effective procedures for the evaluation and selection of personnel involved in the athletic program and for periodic program reviews.
- h) Domain: Professional Preparation and Development
- 1) Standard 36 - Demonstrate organizational and administrative efficiency in implementing sports programs, e.g. event management, budgetary procedures, facility maintenance, participation in public relations activities.
 - 2) Standard 37 - Acquire sufficient practical field experience and supervision in the essential coaching areas to ensure an adequate level of coaching competence for the level of athlete coached. This would include a variety of knowledge, skills and experiences. [WPCSDCH]
- ### 3.4 Participants
- #### 3.4.1 Athletic Rules and Regulations - The Rules and Regulations policy form must be signed by the parent and athlete/participant. These are to be returned to the Athletic Director/Activity Coordinator before the start of the season. They will be kept in the office of the Principal. Coaches/Advisors are encouraged to meet with parents prior to the beginning of the season to discuss expectations, rules, etc. [WPCSDCH] [LUND alt.]

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3.4.2 Student participants should attend all practices and should be punctual unless he/she has a reasonable and acceptable excuse. Verification from parent/guardian and/or school officials may be requested. Attendance at practices is expected for participation in games and/or performances.

3.4.3 A student missing practice, without authorization from his/her coach/advisor, Athletic Director/Activity Coordinator, or Principal will not be permitted either to dress for or play in the next game or participate in the up-coming performance or demonstration.

3.4.4 Measures must be taken to prohibit the use by students of profane, insulting, harassing, provocative and obscene language and actions.

3.4.5 "Horse play" or inappropriate use of material or equipment shall not be tolerated.

3.4.6 Hazing or initiation of students is prohibited.

3.4.7 Good sportsmanship should be encouraged both in victory and defeat from all engaged in the activity.

3.4.8 Participants should be respectful of constituted authority.

3.4.9 Student participants are encouraged to be healthy and well-rested to train and participate effectively.

3.4.10 Since the student participant represents his/her school and community, he/she should model grooming and appearance that is appropriate and acceptable. The uniform of the school is an object of respect for its history. It is a symbol of the community and will not be defaced.

3.4.11 Smoking, the use of any tobacco products, drinking of alcoholic beverages and the use of unauthorized drugs is strictly forbidden. All over-the-counter drugs must be presented to the coach/advisor for inspection.

3.4.12 Good study and work habits are encouraged. Student participants are to be enabled to work to their maximum potential scholastically.

3.4.13 Student participants are leaders and models to others and as such must assume their responsibilities at home, in school and in the community.

3.4.14 Student participants are discouraged from participation in practices and games when their physical health is not at its best.

3.4.15 Student participants are to be supervised at all times.

3.4.16 Any participant, who is suspended from school, shall be subject to disciplinary actions concerning his/her further participation in said activity. The disciplinary actions to be determined jointly by the school administration, the Athletic Director, Activity Coordinator and the coach/advisor.

3.4.17 School assigned detention shall supersede all other school activities. While in detention, students will be under the strictest discipline. Students will be assigned detention at the discretion of the administration.

3.4.18 A student who is on Type B in-school suspension shall not participate in or attend any extra-curricular activity during the period of suspension.

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3.4.19 Out-of-school suspension shall mean exclusion from school for an offense for a period of not more than ten (10) days. A student who is on out-of-school suspension shall not participate in or attend any extra-curricular activity during the period of the suspension and is not permitted on any school property without administrative permission during the time of the suspension.

3.4.20 Fighting is an extremely dangerous mode of behavior and will not be permitted when students travel to or from school property or on the school premises at any time. "Any time" shall be defined as the time a student leaves home in the morning and shall continue until he/she arrives home at the end of the school day. The school district's strong opposition to the practice of fighting is reflected in the concept of zero tolerance. Violence is subject to further pursuit through the law enforcement and judicial systems.

3.4.21 Every player will be expected to control negative emotions and attitudes on and off the field of athletic competition, during practices, at performances and demonstrations according to rules stated by the sponsoring organization. When a pattern of misconduct arises, the school has the right to examine further extra-curricular participation.

3.4.22 Student Participant Pledge

a) Satisfactory School Citizenship - The participant adheres to all rules of conduct of the school, shows proper respect for students and family, works for the betterment of the school and sets aside personal interests and gains in favor of those of the school.

b) Adherence to Prescribed Training/Practice Rules - The participant adheres to specific training/practice rules set forth by the coach/advisor. The participant shall not smoke, drink and/or take un-prescribed drugs. The participant shall appreciate the importance of rest, diet, and exercise. The participant practices healthful habits of cleanliness and personal hygiene.

c) Conduct Becoming an Athlete/Activity Participant - The participant refrains both from moral conduct not considered acceptable by the community and from violating state statutes and borough, township ordinances. The participant does not use profanity and refrains from any action or conduct that reflects unfavorable upon students, participants and the school.

d) Adherence to Standards - The participant shows respect in defeat and disappointment. The participant shows modesty in victory and success. The participant is courteous to officials, judges, team mates, fellow participants, opponents, coaches, instructors, and volunteers.

3.4.23 Code of Ethics for students/participants of Lund Schools - As a participating member of a school activity, the student:

a) Understands that drinking, smoking and the use of un-prescribed drugs are harmful to the body and hinder maximum effort and performance.

- b) Does not use profanity.
- c) Realizes that officials/judges do not lose a game/event but are there for the purpose of insuring that both teams in competition receive a fair deal - for this they deserve courteous respect.
- d) Plans his/her time so that he/she devotes sufficient energy to his/her studies to insure grades which represent his/her true abilities.
- e) Has a good attendance record and should never be truant from classes or school.
- f) Works for the betterment of the school and what is right and good for his/her fellow students.
- g) Obeys the specific training and practice rules of the coach/advisor and shall not participate in unauthorized practices and/or without proper supervision.
- h) Directly represents the community, school, coaches, advisors and should conduct themselves properly when traveling.
- i) Cares for all equipment as though it were his/her own personal property.
- j) Does not employ illegal tactics to gain an undeserved advantage.
- k) Is neat and well-groomed at all times.
- l) Does not let employment interfere with practice or games.
- m) Appreciates that coaches, advisors and administrators have the best interests of the participants in mind as they plan and conduct the activity program.
- n) Appreciates the importance of proper diet, rest, and exercise.
- o) Practices healthful habits of cleanliness and personal hygiene in all his/her daily activities.
- p) Complies with the standards of this code or be subject to dismissal from the squad/activity (or other disciplinary action as may be determined by a committee consisting of the coach or advisor, Athletic Director, Activities Coordinator, and Principal.) Other sanctions may include consequences as authorized in the Drug and Alcohol Policy and other pertinent policies of the White Pine County School District or as outlined in the disciplinary section of the Lund Parent-Student Handbook.

3.4.24 Removing/Suspending a Student from the Team/Extra-Curricular Activities

- a) After the athletic squad/extra-curricular groups has been selected, only the head coach/advisor of any sport/activity may request the removal of a student from a team. An assistant coach/advisor is never to remove a student from the team. It is expected the head coach/advisor will exercise mature judgment and give ample time for consideration before removal of students from an athletic/extra-curricular team. Before the head coach/advisor removes a student athlete/participant from his/her team/activity the coach/advisor must confer with administration. Any

occurrence at any time or place that can be substantiated will be enforced.

- 1) Tobacco - Any student using or in possession of tobacco products will be denied the privilege of participation in all athletic/extra-curricular activities for twenty school days.
- 2) Alcoholic Beverages - Any student using or in possession of an alcoholic beverage will be denied the privilege of participation in all athletic/extra-curricular activities for a period of 60 school days.
- 3) Controlled Substance and Narcotics - Any student using or in possession of a controlled substance and/or narcotic will be denied the privilege of participation in all extracurricular/athletic activities for a period of 120 school days.
- 4) Individual Activity Contracts - Penalty⁷ for the above offense will be served before a student can be eligible to participate in any other sport or activity, including tryouts. Individual sport/activity contracts may supersede. All contracts must be approved in advance by the Athletic Director and principal. Contracts will be signed and explained to the student at the beginning of each sport/activity.
- 5) Criminal Offenses - Any student involved in any criminal offenses will be denied the privilege of participation in all athletic/extra-curricular activities for a period of 60 school days. [WPCSDCH]

3.4.25 Maximum Age Rule - A pupil shall be ineligible for interscholastic athletic competition upon attaining the age of nineteen years, with the following exception: If the age of 19 is attained on or after July 1, the pupil shall be eligible, age-wise, to compete through the school year.

3.4.26 A pupil shall be eligible for practice or participation in each sport only when there is on file with the Principal a certificate of consent which is signed by his/her parent or guardian.

3.5 Attendees/Fans

- 3.5.1 All viewers, attendees and fans should conduct themselves at performances and games in a mature, respectful and sportsmanlike manner.
- 3.5.2 The public should realize that gambling, drinking and use of tobacco products in connection with athletic contests are detrimental to the best interests of athletics and the standards which NIAA is endeavoring to foster.
- 3.5.3 Viewers, attendees and fans may be ejected from a game/performance upon request by the coach/advisor, referee, judge or designated school official. Documentation of the ejection is to be presented to the Principal. Further action may be warranted and considered by the Principal in consultation with those involved.
- 3.5.4 Athletic competition builds character and shapes lifetime attitudes. Lund Schools' Citizenship Through Sports Program, reinforces and promotes the principles of good sportsmanship which are integrity, fairness, and respect.

A good sport, whether a student or a parent, is a true leader in the

community. Sportsmanship goals should include:

- Realize that athletics are part of the educational experience, and the benefits of involvement go beyond the final score of a game;
- Encourage all students to perform their best, knowing that others will always turn in better or lesser performances;
- Participate in positive cheers that encourage and boost players; and discourage any cheers that would redirect that focus — including those that taunt and intimidate opponents, their fans and officials;
- Learn, understand and respect the rules of the game, the officials who administer them and their decisions;
- Respect the task our coaches face as teachers; and supporting them as they strive to educate; and,
- Respect our opponents as student athletes, acknowledging them for striving to do their best.
- Be a fan ... not a fanatic!

4.0 Health/Safety

4.0.1 Injured players that must be transported to the hospital or home shall be accompanied by a coach or other school official or designee when leaving the area of practice or competition.

4.0.2 Students that have been injured and declared inactive shall be considered inactive until written clearance from a physician is presented to the school nurse.

4.1 Medical Reports - All coaches and/or advisors are required to submit a medical report to the school nurse, school official or designee whenever an injury occurs.

4.2 Records

4.2.1 Maintenance - Parent permission forms, medical history documents and medication requirements shall be placed on file in the building office or an area designated for access in the event of an emergency. Guests of the White Pine County School District participating in an activity hosted by the district shall submit medical clearance and information forms for all participants.

4.2.2 Availability - All records of students as well as guests are subject to the policies regarding confidentiality.

4.2.3 Athletic Emergency Information and Medical Release - This form must be filled out by the student and parent and returned directly to the school office. This release must be with coaches at all home/away games. Coaches must have this form if medical service is needed for a student.

[WPCSDCH]

4.3 Injuries - Procedures and Treatment

4.3.1 The coach/advisor is responsible for the safety and care of students participating in their activity. We know that accidents may occur resulting in various types of injuries. The coach/advisor will follow required First Aid

and CPR standards.

4.3.2 When an accident occurs, the coach/advisor must notify the school nurse, building office or school administrator, and have an accident report processed as soon as he/she returns to school.

4.3.3 Notification - In the event a student is injured, the parent or guardian shall be contacted by the coach/advisor. If necessary the school will also contact the school/team physician and/or hospital.

4.3.4 The coach/advisor is instructed to follow the guidelines set forth in White Pine County School District Policy on communicable diseases/immunization and the handling of body fluids. Standard practice procedures and precautions shall be taken.

4.4 Physicals

4.4.1 No pupil shall be eligible to represent his school in any interscholastic athletic contest unless he has been examined by a licensed physician of medicine or osteopathic medicine, a certified school nurse practitioner, or a physician assistant before his first sports season of that academic year, and the physician, certified school nurse practitioner, or physician assistant has signed the NIAA Physician's Certificate. Before each subsequent sports season of the same academic year, he shall be re-examined or certified by a licensed physician of medicine or osteopathic medicine, a certified school nurse practitioner, or a physician assistant that his condition is satisfactory before he commences to train or practice the intended sport, and the physician, certified school nurse practitioner, or physician assistant shall sign the NIAA Physician's Certificate.

4.5 Insurance - The Nevada Interscholastic Athletic Association requires that every student participating in an interscholastic activity have medical accident coverage.

4.6 Medicines - Students in need of medication:

4.6.1 The White Pine County School District shall not be responsible for the diagnosis and treatment of student illness. The administration of prescribed medication in accordance with the direction of a parent or family physician to a student during school hours will be permitted only when failure to take such medicine would jeopardize the health of the student or the student would not be able to attend school if the medicine were not made available during school hours. [For purposes of this document, "medication" shall include all medicines prescribed by a physician.]

4.6.2 Before any medication may be administered to any student, the White Pine County School District shall require:

- a) the written request of the parent which shall give permission for such administration and relieve the District and its employees of liability for administration of medication.
- b) the written order of the prescribing physician which shall include the purpose of the medication, dosage, the time at which or special

circumstances under which the medication shall be administered, length of period for which medication is prescribed, and possible side effects of medication. The document(s) shall be kept on file in the building office.

4.6.3 Procedures for the administration of medication will be:

- a) all medications shall be administered by the school nurse/school nurse practitioner or administrator or the administration's designee or by the student him/herself, where the family physician so directs.
- b) medications shall be securely stored and kept in the original labeled container
- c) the school nurse/school nurse practitioner and/or building office shall maintain a record of the name of the student to whom medication may be administered, the prescribing physician, the dosage and timing of medication, and a notation of each instance of administration.

4.6.4 Parent Notification - Parents who have a child in need of medication should contact the school nurse or the building administrator for procedures concerning distribution of medications prior to their administration.

4.6.5 Drugs, Alcohol and Tobacco Policies - Recognizing the debilitating effect that the abuse of controlled substances can have on human performance, the White Pine County School District has prohibited the use, possession, or distribution of any drugs or controlled substances by any person under its jurisdiction. In order to meet this prohibition, the following regulations are enacted in accordance with policy district policy:

- a) No student may possess, personally use, or furnish to others any amount of alcohol or other abusable drug substances including tobacco (a)while in or upon any school owned property; (b)during any school sponsored activity, whether on or off school property; and/or (c)while en route to or from, or while using school provided transportation for any school sponsored activity, or when acting as a representative of the school district.
- b) No student may consume, possess, and/or supply others any non-drug substance which is being mis-represented as a drug. (for example - lookalikes and medicines).
- c) No student may report to school, and/or to any school function, while under the influence of drugs (including alcohol) or marijuana which has been consumed elsewhere.
- d) No student may make, possess, and/or supply to others any paraphernalia which may be typically used for drug use.
- e) Students who are required to use medication during school hours shall follow procedures laid forth earlier in the section under the Health Services.
- f) Lockers belong to the school and may be opened at any time under administrative directive. Students should not keep confidential materials in their lockers.

g) Automobiles parked on school property may be searched if there is probable cause to believe this policy is being violated. Refusal to comply with such search shall result in temporary impounding of the vehicle when a search warrant is being requested and/or indefinite removal of driving and parking privileges on school property.

4.6.6 Infectious Disease Guidelines

- a) The NIAA Board of Control has adopted the following policy in an effort to minimize the possibility of transmission of blood-borne pathogens such as the Human Immunodeficiency Virus (HIV) and the resulting Acquired Immune Deficiency Syndrome (AIDS) and Hepatitis B. It is strongly recommended that each school adopt a similar policy to apply to any situation in which an injury might occur which results in bleeding. These injuries are most likely to occur in physical education classes, athletic practice sessions and contests. It is extremely important that teachers, coaches and referees follow the procedures outlined in this policy and be cognizant that any time there is blood present it should be treated with respect regarding its ability to transmit infectious diseases.
- b) Blood borne pathogens are serious infectious diseases which are present in blood, semen, vaginal fluids and breast milk. While HIV and Hepatitis B are most common, there are a number of such diseases.
- c) The precise risk of HIV transmission during exposure to open wounds or mucous membranes such as eyes, ears, nose or mouth is not known. Evidence, however, would suggest the risk is extremely low. The risk of contracting Hepatitis B or other blood borne infections in this way is much greater than the possibility of contracting HIV.
- d) Precautions for reducing the potential for transmission of infectious agents should include, but not limited to, the following:

- 1) The bleeding must be stopped, the open wound covered, and if there is an excessive amount of blood on the uniform, it must be changed before the athlete/participant may participate. Soiled linen should be bagged and washed in hot water with detergent.
- 2) Routine use of barrier precautions to prevent skin and mucous-membrane exposure when contact with blood or other body fluids is anticipated. Gloves should be worn for touching blood, bloody fluids, mucous membranes or nonintact skin (e.g. abrasions, dermatitis) of all athletes for handling items or surfaces soiled with blood or body fluids, and for performing venipuncture. Gloves should be changed after contact with each student-athlete. Masks and protective eye wear should be worn during procedures that are likely to generate droplets of blood or other body fluids to prevent exposure of mucous membranes of the mouth, nose and eyes.
- 3) Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately

after removing gloves.

4) When cleaning contaminated surfaces, use a solution of household bleach and water or a commercially-prepared, EPA-approved solution. The household bleach solution should be mixed fresh daily and should be a dilution of 100 parts water to 1 part bleach, the equivalent of 1/4 cup bleach to each gallon of water, or 1 tablespoon of bleach to each quart of water.

5) Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags or other ventilation devices should be available for use.

6) Athletic Trainer/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.

7) Do not use common towels to clean surfaces contaminated with blood or other body fluids containing visible blood. The use of common towels any time during athletics is a very poor health habit.

8) Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouthguards and other articles containing body fluids.

9) In general, use good hygienic practices. Shower after each practice or competition, using liberal amount of soap and water. Avoid sharing towels, cups and water bottles.

e) Following are some general procedures for activities:

1) All athletes must cover any open wound.

2) Student athletes should treat and cover their own wounds whenever possible.

3) If an individual, whether a player, coach, advisor or official, has someone else's blood on their skin, the area should be washed with soap and water and wiped with disinfectant, such as isopropyl alcohol.

4) If a student athlete begins to bleed during an activity, play must be stopped, the student athlete is to be considered injured, removed from play, and any potentially contaminated surfaces cleaned using a disinfectant. The surface should then be wiped with clean water.

5) All soiled linens such as towels and uniforms should be washed in hot water and in a detergent containing bleach, if possible.

6) Towels, cups and water bottles should not be shared.

4.6.7 Heat Stress and Athletic/Activity Participation

a) Early fall football, cross country, soccer and field hockey practices are conducted in very hot and humid weather in many parts of the United States. Due to the equipment and uniform needed in football, most of the heat problems have been associated with that sport. Under such conditions the athlete is subject to the following:

1) Heat Cramps - painful cramps involving abdominal muscles and

extremities caused by intense prolonged exercise in the heat and depletion of salt and water due to profuse sweating.

2) Heat Syncope - weakness, fatigue and fainting due to loss of salt and water in sweat and exercise in the heat. Predisposes to heat stroke.

3) Heat Exhaustion (Water Depletion) - excessive weight loss, reduced sweating, elevated skin and deep body temperature, excessive thirst, weakness, headache and sometimes unconsciousness. **Obtain medical care at once:** Cool body as you would for heat stroke while waiting for transfer to the hospital. Give fluids if athlete is able to swallow and is conscious.

4) Heat Exhaustion (Salt Depletion) - exhaustion, nausea, vomiting, muscle cramps, and dizziness due to profuse sweating and inadequate replacement of body salts.

5) Heat Stroke - an acute medical emergency related to thermoregulatory failure. Associated with nausea, seizures, disorientation, and possible unconsciousness or coma. It may occur suddenly without being preceded by any other clinical signs. The individual is usually unconscious with a high body temperature and a hot dry skin (heat stroke victims, contrary to popular belief, may sweat profusely.) **This is a medical emergency - delay could be fatal.** Immediately cool body while waiting for transfer to a hospital. Remove clothing and use cool water on body. An increasing number of medical personnel are now using a treatment for heat illness that involves applying either alcohol or cool water to the victim's skin and vigorously fanning the body. The fanning causes evaporation and cooling (*Source - The First Aider - September 1987*).

b) It is believed that the above mentioned heat stress problems can be controlled provided certain precautions are taken. According to the American Academy of Pediatrics Committee on Sports Medicine, heat related illnesses are all preventable. (*Sports Medicine: Health Care for Young Athletes, American Academy of Pediatrics, 1991*). The following practices are precautions recommended:

1) Each athlete should have a physical examination with a medical history when first entering a program and an annual health history update. History of previous heat illness and type of training activities before organized practice begins should be included. State High School Associations' recommendations should be followed.

2) It is clear that top physical performance can only be achieved by an athlete who is in top physical condition. Lack of physical fitness impairs the performance of an athlete who participates in high temperatures. Coaches should know the **physical condition** of their athletes and set practice schedules accordingly.

3) Along with physical conditioning the factor of acclimatization to

heat is important. Acclimatization is the process of becoming adjusted to heat and it is essential to provide for **gradual acclimatization to hot weather**. It is necessary for an athlete to exercise in the heat if he/she is to become acclimatized to it. It is suggested that a graduated physical conditioning program be used and that 80% acclimatization can be expected to occur after the first 7-10 days. Final stages of acclimatization to heat are marked by increased sweating and reduced salt concentration in the sweat.

4) The old idea that water should be withheld from athletes during workouts has **no scientific foundation**. The most important safeguard to the health of the athlete is the replacement of water. Water must be on the field and readily available to the athletes at all times. It is recommended that a minimum of 10 minute water break be scheduled for every half hour of heavy exercise in the heat. Athletes should rest in a shaded area during the break. **Water should be available in unlimited quantities**. Check and be sure athletes are drinking the water. Cold water is preferable. Drinking ample water before practice or games has also been found to aid performance in the heat.

5) Salt should be replaced daily. Modest salting of foods after practice or games will accomplish this purpose. Salt tablets are not recommended. **Attention must be directed to replacing water – fluid replacement is essential**.

6) Know both the **temperature** and **humidity**. The greater the humidity the more difficult it is for the body to cool itself. Test the air prior to practice or game using a wet bulb, globe, temperature index (WBGT index) which is based on the combined effects of air temperature, relative humidity, radiant heat and air movement. The following precautions are recommended when using the WBGT Index (*ACSM's Guidelines for the Team Physician, 1991*):

Below 64	Unlimited activity
65-72	Moderate risk
74-82	High risk
82 plus	Very high risk

There is also a weather guide for activities that last 30 minutes or more (*Fox and Mathews, 1981*) which involves knowing the relative humidity and air temperature:

Air Temp	Danger Zone <i>RH - Relative Humidity</i>	Critical Zone <i>RH - Relative Humidity</i>
70 F	80% RH	100% RH
75 F	70% RH	100% RH

80 F	50% RH	80% RH
85 F	40% RH	68% RH
90 F	30% RH	55% RH
95 F	20% RH	40% RH
100 F	10% RH	30% RH

One other method of measuring the relative humidity is the use of a sling psychrometer, which measures wet bulb temperature. The wet bulb temperature should be measured prior to practice and the intensity and duration of practice adjusted accordingly. Recommendations are as follows:

Under 60 F	Safe but always observe athletes
61 - 65 F	Observe players carefully
66 - 70 F	Caution
71 - 75 F	Shorter practice sessions and more frequent water and rest breaks
75+ F	Danger level and extreme caution

7) Cooling by evaporation is proportional to the area of the skin exposed. In extremely hot and humid weather; reduce the amount of clothing covering the body as much as possible. **Nevada use rubberized clothing**.

8) Athletes should weigh each day before and after practice and **weight charts checked**. Generally a 3% weight loss through sweating is safe and over a 3% weight loss is in the danger zone. Over a 3% weight loss the athlete should not be allowed to practice in hot and humid conditions. Observe the athletes closely under all conditions.

9) Observe athletes carefully for signs of trouble, particularly athletes who lose much weight and the eager athlete who constantly competes at his/her capacity. Some trouble signs are nausea, incoherence, fatigue, weakness, vomiting, cramps, weak rapid pulse, visual disturbance and unsteadiness.

10) Teams that encounter hot weather during the season through travel or following an unseasonable cool period, should be physically fit but not be environmentally fit. Coaches in this situation should follow the above recommendations and substitute more frequently during games.

11) Know what to do in case of an emergency and have your emergency plans written with copies to all your staff. Be familiar with

immediate first aid practice and prearranged procedures for obtaining medical care, including ambulance service.

c) Summary: The main problem associated with exercising in the hot weather is water loss through sweating. Water loss is best replaced by allowing the athlete unrestricted access to water. Water breaks two or three times every hour are better than one break an hour. The small amount of salt lost in sweat is adequately replaced by salting food at meals. Talk to medical personnel concerning emergency treatment plans. [WPCSDCH]

5.0 Facility

5.1 Scheduling

5.1.1 The following list will be employed of ordered priorities when granting permission and scheduling use of school property and facilities:

Priority	Type of Event
1	School Sponsored - Curricular
2	School Sponsored - Co-curricular
3	School Sponsored - Extra-curricular
4	School Sponsored - Recreation
5	School Related
6	Community Associated
7	Government/Agency Affiliated
8	Private

Priorities are highest at the top of the table and lowest at the bottom. In addition, events that are held for school district residents and/or students have priority over those for non-residents and/or non-students.

5.1.2 Facility use will be determined by the sport/activity season. Priority use will be assigned to the sport most appropriate to the facility. Exception will be made only when teams are participating in post season play. Such team shall maintain priority use until completion of post season play.

5.2 Use of School Facilities and Property Policy

5.2.1 Purpose - It is the Community Relation’s mission of White Pine County School District to create and nurture a quality, working, school-community partnership that encompasses communication, accessibility, participation and price. Therefore, the White Pine County School District declares that school property and school facilities shall be accessible on a temporary basis for community and school purposes which enhance, but also do not interfere with the operation of regular school programs. Such accessibility shall be subject to reasonable rules and regulations.

5.2.2 A facilities permit process is in place for all activities. School sponsored and school related organizations that schedule activities/events

must contact the school Principal or designee to obtain approval and must also register the event on the school activities calendar in the main office of the appropriate school building. The school office is responsible for notifying the buildings and grounds supervisor.

5.3 Uniforms/Costumes

5.3.1 No uniform or part of a uniform may be worn by any activity participant during the school day without specific written administrative authorization. An exception shall be for participants in a pep rally or in an authorized school function.

5.3.2 No advertisements or names of sponsors shall appear on any uniforms or warm-up suits issued or provided by any NIAA-member school, in any sport under NIAA jurisdiction, except the name and/or logo of the manufacturer of the uniform or warm-up suit or as designated by the principal with the approval of the White Pine County Board of School Trustees..

5.3.3 Only the official school uniform may be worn in Interscholastic competition. Any item of clothing to be added or deleted from the uniform must be approved by the Athletic Director and/or Principal.

5.3.4 Jewelry may not be worn during athletic practice or competition, and is subject to regulation at all other activities and events.

5.3.5 The student participant is responsible for the reasonable care and maintenance of all uniforms, equipment and costumes that are issued to them.

5.4 All equipment issued is the responsibility of the participant and the coach/advisor. It is expected that the equipment issued is maintained, kept clean and in working order.

6.0 Summer Training Camps

6.1 Privately run summer camps may be attended at the discretion of the individual and family. It is strongly recommended that the student and parent consult with the coach or director of the activity concerning the selection of such a camp. Any cost assessed to the student shall be the responsibility of the parent.

6.2 School sponsored camps shall obtain permission and permits for building/facility usage through the high school office prior to the start of the camp.

6.3 Students and coaches/advisors are reminded that school rules do apply while taking part in any school sponsor activity, practice, or camp. All rules shall be set forth and announced before the beginning of camps.

7.0 Calendar

7.1 Practices/Rehearsals

7.1.1 No practice/rehearsal shall exceed two and one-half (2.5) hours in length during the school year. A coach/advisor feeling the need for an occasional longer practice may do so by obtaining permission from the

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Athletic Director, Activity Coordinator, or Principal.

7.1.2 Students will not be required to report for practice before 4 PM on any school day if these students confer with teachers, make up work, or attend the Homework Lab.

7.1.3 Vacation/holiday practices (Thanksgiving, Winter Break, New Year's, etc.) are not mandatory. These practices generally provide afternoon or evening opportunity for working and playing together in a less rigid environment while maintaining the student's option to attend or not attend.

7.2 Schedule

7.2.1 All practices, scrimmages, games, performances and demonstrations shall be made with the prior approval of the Principal and Athletic Director/Activity Coordinator.

7.2.2 There shall be no practice of any kind held by the coaches/advisors of White Pine County School District with the student participants on Sunday unless specifically requested and approved by the administration.

7.2.3 In the event of inclement weather or other emergency situations, the school district may need to close schools, have a delayed start, and/or be forced to dismiss early for safety reasons. All activities will be canceled if the school is closed, dismissed early for inclement weather, or for an emergency unless announced otherwise.

7.3 Scrimmages

7.3.1 A scrimmage involving only one school constitutes a practice. A scrimmage involving more than one school constitutes interscholastic athletic competition.

7.3.2 In order to participate in a scrimmage involving more than his/her school, a student must be eligible for interscholastic athletics.

7.4 Games/Performances

7.4.1 No contest shall be played with another school not belonging to the NIAA, unless its eligibility rules, for both school and contestant, meet the requirements of the Association.

7.4.2 Contests with Alumni where sponsored by school authorities are permitted except in Football and Wrestling.

7.4.3 Member schools of NIAA are not permitted to scrimmage college freshmen.

7.4.4 A school of NIAA shall be required to forfeit a contest for using an ineligible player.

7.4.5 A school may be required to forfeit a contest for violations of the Constitution or By-laws of the NIAA.

7.4.6 In sports in which individual matches are conducted, use of an ineligible player in any match will result in forfeiture of that match by that student and of the entire contest by the team of which the ineligible player is a member.

7.5 Cancellation/Re-scheduling

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7.5.1 Events that must be canceled will be re-scheduled by the Athletic Director/Activity Coordinator. League events are required to be rescheduled on the next available date. Sundays will not be considered without School District approval.

7.5.2 Other factors that will influence the cancellation/rescheduling of events include:

- a) Playing conditions
- b) Weather
- c) Safe/dangerous travel for opponents, officials, workers, participants and spectators
- d) Damage to facilities and/or equipment
- e) Consideration of uniforms, and equipment
- f) Rules, policies and procedures established by an umbrella organization, e.g., League regulations regarding rescheduling of Spring games due to weather and the elimination of non-league games

7.6 All-Star Participation

7.6.1 NIAA neither approves nor disapproves all-star contests in any sport. Students who participate in an all-star contest as a result of their participation in interscholastic athletics shall be ineligible for interscholastic athletics in the involved sport for a period of one year from the date of such participation.

7.6.2 NIAA considers an athletic activity to constitute an all-star contest(s) if either of the following elements is present:

- a) Participants qualify for participation in the activity as a result of athletic ability, athletic performance, or athletic reputation.
- b) Participants are selected by a means other than qualifying for the activity through a try-out session.

7.7 Play-off Participation - Post Season Play

7.7.1 Participation of White Pine County School District Athletic Teams (e.g., football, basketball, volleyball, soccer, baseball, etc.) in post season playoff competition shall be determined by team record and in consultation with the Head Coach, Athletic Director and School Administration.

7.7.2 Students selected for individual honors/advancement will be evaluated on a case by case basis, e.g., NMEA All-state events, National Forensics Competition, etc.

7.7.3 Those teams/sports allowing individuals to advance to post season play shall follow league rules on advancing to play off competition. (Cross Country, Track, Swimming, and Wrestling).

7.7.4 In the event the decision is not clear as to whether or not to recommend participation by a team, a majority vote must be cast among the School Principal, Athletic Director, and Coach. Criteria to be considered for the decision making shall include:

- a) Team performance to date in light of the caliber of season opponents.

b) Opinion of Coaches regarding the team ability to compete in playoff competition.

8.0 Transportation/Travel

8.1 Student Travel - Students are to go to and return from games/performances on their assigned transport. A parent must request in person or by a written note/form if a student is to be released to go home by car rather than return to school on the bus. This release may be to other parents or guardians only with the permission of the school administration. The procedure for releasing a player via note/form is as follows:

- a) The release note/form must be presented to the coach/advisor by an adult who will be taking the student home.
- b) The student is to ride with no one else other than the authorized adult.
- c) The note/form must clearly state to whom the student is to be released and that this person will assume responsibility for providing the student with transportation home.

8.2 Parent travel to and from events shall be on their own unless working as chaperons or volunteers to assist the coach/advisor (see volunteers).

8.3 Transportation for Teams/Activities

8.3.1 All school sponsored trips shall be made by school district approved transportation and it is the coach/advisor's responsibility to request and arrange this through appropriate forms and procedures. Transportation shall be ordered by the Director of Athletics/Activities Coordinator. The Coach/Advisor should inform the Director/Coordinator of the date and time of departure from the school. It is the responsibility of the coach/advisor to have the members of the squad/team/activity ready to board at the designated time. The coach/advisor must exercise control and maintain proper supervision of his squad/team/activity so that all passengers are safe and the bus is not damaged.

8.3.2 Transportation will be chartered for all games/events and as needed for practice sessions. Students who are members of the athletic team/squad/activity shall ride this transport to the scheduled event as well as return with the participants.

8.4 Transportation for Spectators - All rules, regulations and policies pertaining to student transportation during the school year shall be in place for all using school provided transportation

8.5 Field Trips - All rules, regulations and policies pertaining to school curricular field trips shall be in place for all activity sponsored field trips.

8.6 Insurance - Appropriate documentation must be on file.

8.7 Overnight Regulations - All rules, regulations and policies pertaining to student behavior shall be in place for all students attending an activity or event that calls for an extended stay.

8.8 Rules of Conduct for all travel bus trips

8.8.1 While it is the responsibility of both the drivers and

coaches/chaperones to maintain discipline and decorum on the bus it is understood that it is the primary responsibility of the coach/chaperone to correct unacceptable student behavior. The primary duty of the driver is the safe transport of schools students and staff. **It is necessary for each party to cooperate and communicate with each other in providing the safe transportation of all students.**

8.8.2 If drivers are concerned about the behavior or actions of students they are to address the coach/chaperone regarding their concerns.

Coaches/Chaperones will address student actions that are a distraction to the driver.

8.8.3 Rules for all trips:

- a) Coach/Chaperone will inspect the bus before student's board, noting any damage to the driver.
- b) The organization/team using the bus is responsible for the cleanliness of the bus. Any excessive trash or damage will result in an economic assessment against the organization/team at a rate of \$20 per hour for labor.
- c) Chaperones/Coaches will inform the driver when all passengers are on board and ready for departure.
- d) All passengers must be seated, not blocking the aisle or kneeling in the seat looking backwards.
- e) Passengers must not sit on armrests.
- f) No amplification, other than those sound systems installed on the bus, without headphones.
- g) **The use of audio/video equipment installed on the bus will be under the direction of the Coach/Chaperone who will determine when and what type of video or music will be played.**
- h) Supervision is the responsibility of the coach/chaperone.
- i) No noise above normal conversational level.
- j) All large items, those made of hard materials, athletic equipment or other articles deemed unsafe by the driver must be stored in the compartments under the bus. (This rule does not apply to any bus without separate storage compartments.)
- k) **Materials for academic study will be allowed in the passenger compartment, this includes textbooks, library books, notebooks, other related supplies and book bags. The coach/advisor is the final authority in determining what are educational materials.**
- l) Food and Drink are allowed on the bus provided the following criteria are met: All drinks must be in containers that can be re-sealed. Food items may not contain sauces or oily substances such as nacho sauce, salad dressings or greasy foods, (including some types of chips).
- m) Any change to the printed itinerary must have the mutual agreement of the driver and coach/chaperone. It is expected that both parties will work

together to ensure that common sense be a guideline for decision-making.
 n) Upon completion of the trip the students and coach/chaperone will clean all trash from the interior. The coach/chaperone and bus driver will inspect the bus for cleanliness and damages. Both parties will sign off that the inspection has been completed. If there is a disagreement regarding the condition of the bus, both parties will sign but will indicate the area(s) or issues in dispute.

o) The transportation department will complete a visual inspection of the bus before and after each trip for signs of any damage to the vehicle.

[WPCSD Regulation **Approved Oct. 22, 2001**]

9.0 Coach/Advisor Rights & Responsibilities

9.1 Role Definition

9.1.1 Coaching shall be interpreted to mean instruction or direction of members of interscholastic athletic teams, individually or as a group, for the purpose of developing ability or skill to perform in athletic contests. It includes such voluntary instruction as that which in some cases has been given, in the past, by school alumni, professional athletes, and citizens of the community who are interested in developing winning teams. (Similarly, the advisor shall be interpreted to mean instruction or direction of members of an activity, individually or as a group, for the purpose of developing ability or skill to perform or participate.)

9.1.2 It is fundamental that the coach/advisor is completely responsible for the behavior, safety and welfare of the members of his/her squad/activity during practices, games and performances.

9.2 Supervision & Evaluation

9.2.1 Chain of Responsibility

<i>Staffing - Chain of Responsibility</i>
Board of School Directors
Superintendent
Principal
Athletic Director - Activity Coordinator
Activity Director - Head Coach
Coaches - Advisors - Support Staff
Volunteers
Participants

9.2.2 All positions under the Athletic Director, and Activity Coordinator are for one year/season appointment.

9.2.3 Each activity of White Pine County School District shall be reviewed and evaluated at the conclusion of the school year or of that particular activity's season.

9.2.4 Head Coaches and Activity Directors shall be recommended for appointment by the Principal and his/her committee.

9.2.5 Assistants (coaches, directors, choreographers, etc.) shall be recommended by the Head Coach/Director to the Athletic Director/Activity Coordinator and School Principal for approval. Following Administration approval, recommendation will be made to the Board of School Trustees and the Superintendent of Schools for appointment.

9.2.6 Volunteers

a) Any individual helping with an athletic program must be cleared through the Athletic Director, the Principal, The District Office and the NIAA. [WPCSDCH] Any individual helping with a student activity program must be cleared through the Activities Coordinator or the Principal.

b) School Principal/Administrator shall assume supervisor responsibility over volunteers.

c) Volunteers may perform only those activities and services designated by the Board, Superintendent, and/or Principal and must work under direct supervision of staff members requesting assistance.

d) Volunteers shall not assume the professional responsibilities of school staff. They also shall not replace any employee except in a temporary emergency situation.

e) Volunteers shall not be involved in direct disciplinary action involving students, nor shall they administer first aid treatment or medication, except in an emergency situation.

f) All volunteers must comply with such clearances as mandated by the State of Nevada and shall be recommended by the administration to the Board for approval prior to rendering any volunteer services.

g) All volunteers must be tested for Tuberculosis.

9.3 Disputes/Grievances

9.3.1 The White Pine County School District recognizes that students, parents and staff have the right to request redress of complaints.

Accordingly, individual and group complaints should be recognized and appropriate appeal procedures provided.

9.3.2 The White Pine County School District and its employees will recognize the complaints of students, parents, staff and individual community members of this district provided that such complaints are made according to established procedures.

9.3.3 Principles of Due Process

a) Students/Participants must have ample opportunity to know the standards and/or regulations they are to meet.

b) When there is evidence that a violation has occurred, there must be adequate notice of the charges.

c) Adequate time must be allowed for the student/participant to prepare an answer to the charges and evidence in his or her behalf.

d) There must be an appropriate hearing to consider evidence against and

in behalf of the student/participant.

e) A fair and impartial decision must be made, and the decision should be put in writing.

9.3.4 Procedures

a) The student/participant should first make the complaint known to the staff member conducting, supervising, or monitoring the program or activity or, if this is not appropriate, another staff member or his/her guidance counselor. (A parent/guardian, staff member or concerned community individual may contact a school administrator directly.)

b) The complaint may then be submitted, in turn, to the school Principal, the superintendent and the board and with a suitable period of time allowed at each level for the hearing of the complaint and preparation of a response. Concerns about time lines should be addressed to the superintendent.

c) Every attempt shall be made to expeditiously address the complaint and resolve issues/concerns directly. Complaints of sexual harassment, even when addressed as required by policy must be reported to the school Principal or, if this is not appropriate, the superintendent.

d) The right to confidentiality shall be respected consistent with the school district's legal obligations, and with the necessity to investigate allegations of misconduct and to take corrective action when this conduct has occurred.

9.4 Practice Policies

9.4.1 All practices are to be scheduled and announced at the beginning of the season.

9.4.2 All practice changes should be announced with sufficient time for schedules of participants and their parents/guardians to make adjustments.

9.4.3 All practices will have a posted starting time and an ending time.

9.4.4 Generally, all practices are open practices unless so authorized by the administration.

9.5 Try-outs/Auditions

9.5.1 A meeting should be held for all student participants trying out/auditioning for your activity. At that time, the coach/advisor should explain what is expected and required from the participant. Parent/guardian permission forms should be distributed.

9.5.2 Before the first practice/rehearsal, completed insurance rosters and forms must be submitted to the administration, Athletic Director or Activity Coordinator for each participant. It is the responsibility of the coach/advisor to maintain an up-to-date accounting of these forms making sure that all additional participants meet the required specifications.

9.5.3 No additions to the roster of any activity shall be made later than ten days after the first day of practice - unless the permission of the School Principal and Athletic Director/Advisor Coordinator have been given.

9.5.4 Any student who quits from any sport prior to the closing of the season can not participate in any other sport during that season.

EXCEPTION: Any student who goes out for a sport during one season, fall, winter or spring, and leaves during the first two weeks of practice will be allowed to go out for one other sport in that season.

9.5.5 Participation Procedures

a) While it is our goal to give every student the opportunity to participate in athletics, it sometimes becomes necessary to limit numbers by "cutting" athletes after trying out for a position on a team. Numbers carried on teams will be set at the maximum to provide appropriate developmental opportunities for as many athletes as possible without significantly detracting from the coaches' responsibilities to teach and manage the team.

b) Our goal is to utilize Junior Varsity programs to develop young athletes' skills and attitudes to a level that will contribute to successful and highly competitive Varsity programs. When it is necessary to "cut" athletes, consideration must go beyond the current year, always planning for the future. It is possible that senior students may be "cut" before younger players.

c) No one can dispute the extreme difficulties coaches encounter when forced to eliminate athletes from a program. While most coaches agree "cutting" is the worst part of their job, it is the sole responsibility of the coach to make these decisions in the best interests of the students they serve and the programs they manage. [WPCSDCH]

9.6 Program Categories

9.6.1 Varsity - The goal/purpose of the Lund Schools' Varsity Team is to represent the High School in the best possible manner. To this end, Varsity Teams will and should play to win, using the most talented players where necessary.

9.6.2 Junior-Varsity - The goal/purpose of the Lund Schools' Junior Varsity Team is to train and/or develop young players to compete interscholastic competition. Winning is important but not the focus. Therefore, it is not important that only the most talented play. All students/participants should play every game/match an appropriate amount of time depending on their individual talent/abilities.

9.6.3 Junior High - The goal/purpose of the Lund Schools' Junior High programs are to train and develop skills necessary for competition and participation. It is expected that all students will play and participate a reasonable amount of the available allotted time.

10.0 Fund Raising

10.1 School groups who demonstrate a need may sponsor various types of fund raising activities. Requests and plans for fund raising activities should be developed by coaches, parents, group sponsors or advisors and student

representatives and must be presented to the Athletic Director, Activity Coordinator, Principal or Assistant Principal for his or her approval prior to the activity taking place. This plan should designate the participants and suggested dates for the beginning and the end of the activity. The nature of the activities must be cleared by the Principal or Assistant Principal prior to the finalization of plans. All plans should be developed in accordance with existing school district regulations.

10.2 Records of school fund raising activities are subject to audit and each group or organization is responsible for keeping detailed and accurate records. All money collected through fund raising activities must be deposited to the proper category of the activity fund. No cash transactions are permissible.

10.3 Soliciting for fundraisers through the sale of magazines, periodicals, greeting cards, seeds, candy, or other products within the confines of the school district by students or any other group representing charitable, civic, non-profit, or commercial firms must have written administrative approval.

10.4 Procedure

10.4.1 Orders for equipment, clothing, bags, etc. may not be placed until proof of sufficient funding to cover cost is shown.

10.4.2 Any cost incurred by the coach/advisor that cannot be covered from a specific account shall become the responsibility of the individual placing the order.

11.0 Eligibility.

11.1 INTRODUCTION - This eligibility policy has been developed to help formulate a complete educational program. Primarily, the policy intends to support the assertion that individuals who are achieving high standards of conduct and academic excellence can best afford the time required for school-related activities that are an extension of the school district's formal academic programs.

This position does not diminish the belief that an individual's chosen activities are demonstrably important to his/her feeling of self-worth, dignity and accomplishment. It is in complete support of such efforts, and it attempts to encourage education of the whole child while at the same time, keeping school-related activities in proper perspective. In other words, in addition to receiving the best academic preparation possible, our students will have participative opportunities in the best school-related activities program possible, with the later contingent on the former.

This statement of eligibility is not designed to restrict the freedom to participate, but it does place academic success and exemplary citizenship in proper priority with school-related opportunities. Also, such eligibility requirements insure that individuals who represent our schools and communities in school-related events will be obtaining a level of academic success and self-control necessary for competition in today's environment with its complex post secondary choices.

All students who are enrolled in our secondary school, grades 6 through 12, and participate in school-related activities including Varsity - Junior Varsity sports such as Soccer, Basketball, Track, Volleyball, Baseball, Cross Country, Wrestling, and Softball, as well as those who participate in Cheerleading, Drama Presentations, Chorus, Student Council, Band, Handbell Choir and any other school-related, organized sports or activities not specifically mentioned or added at a future time, are subject to this policy.

11.2 SCHOLASTIC EXPECTATIONS - Student participants are expected to maintain a passing grade in all their subjects at all times. More specifically, participation in school-related activities shall be dependent on the student maintaining an ongoing over-all average of at least 60% for all subjects combined.

Because eligibility for participation is defined in this manner which stresses maintaining an ongoing grade of 60%, eligibility must be determined by cumulative grades and must be monitored more frequently than just each marking period. Therefore, for purposes of this policy, the eligibility of student participants shall be checked weekly and shall be based on academic averages, cumulative to the beginning of the subject(s)/course(s).

Any student found to be ineligible must have the opportunity to raise his/her academic standing. In the event that a student is not evaluated by a test, quiz, or assignment, said student shall become eligible.

Initial eligibility for participation in a school-related activity shall depend on the overall average attained in the last full marking period preceding the commencement of that activity. At the end of the school year, final grades and credits awarded for completion of subjects, rather than grades for the last grading period, shall be used to determine future eligibility. However, any final failing grades corrected through an accredited and recognized summer program shall be accepted and used in the calculation of the overall average for eligibility purposes.

Special Considerations - Students who receive a failing grade in more than one subject will be treated the same as students who receive less than the applicable 60% overall average. (For purposes of calculating the overall average, a failing grade lower than 60% shall be calculated at 60%. In addition, "incomplete" grades shall be treated the same as failing grades.) The ineligibility of student participants who are Special Education students must be reviewed individually with particular attention paid to their individual merits before any one of these student participants is declared ineligible.

Monitoring Procedures - Starting with the third week of the school year and at weekly intervals thereafter, participants in school-related activities shall receive eligibility checks. A student who is receiving failing grades in any course during a given week shall be subject to the following ordered/sequential procedure:

11.2.1 During the first week, the student shall be placed on "eligibility

probation" at which time he/she must take the initiative to raise his/her grade in those subjects affected while still participating in school-related activities.

11.2.2 During the second week with failing grades regardless of whether the subjects are the same as those affected in the first week, the student shall be placed on "eligibility inactivity" at which time the head coach(es)/activity advisor(s) shall help that student develop a schedule and provide reasonable support for the necessary remedial work while the student is still permitted to practice but not attend, dress for, or participate in any school-related activities.

11.2.3 During the third, consecutive week with failing grades regardless of whether the subjects are the same as those affected in either the first or second week, the student shall be placed on "eligibility suspension" at which time the head coach(es)/activity advisor(s) shall schedule, support and assume responsibility for supervising the necessary remedial work during the time that the student is on eligibility suspension and may not practice, or attend, dress for, or participate in school-related activities.

11.2.4 During the fourth, consecutive week with failing grades regardless of whether the subjects are the same as those affected in the first, second or third weeks, the student shall be removed from all school-related activities in which he/she is participating for the remainder of the season.

11.2.5 Each step in this procedure shall be applicable on the timeline communicated to all students, parents, participants and coaches at the beginning of the school year. Eligibility monitoring and notification shall be the responsibility of the Principal or his designee.

11.3 CITIZENSHIP/BEHAVIORAL EXPECTATIONS - Eligibility shall depend on school citizenship and behavior as well as academic standing. White Pine County School District Policy and the accompanying Student Conduct Code, clearly includes behavioral expectations for students participating in sponsored, school-related activities. All suspension, whether in-school or out-of-school, shall eliminate the suspended student from participation in all school-related activities for the duration of the suspension; and, in the cases where the suspension is a full school day or multiple of a full day suspension, the elimination from participation shall also include before and after school activities on the days of suspension. In addition, any disciplinary action taken by the Principal or Assistant Principal may be used as the equivalent of one (1) or more failing grades for eligibility purposes. The required application of other school policies and/or regulations by the Principal or the Assistant Principal may also dictate specific periods of ineligibility such as temporary suspensions from a team/activity or dismissal from a team/activity.

11.4 SUMMARY - White Pine County School District encourages students to participate in any activity they might wish to pursue. However, it is realistic to

expect that a sound learning environment should promote the development of scholar athletes who are capable of success in post-secondary endeavors as well as provide a general well-rounded education that develops the body, mind, and spirit of each student. The goals of responsible citizenship and respectable academic standing are paramount to the development of healthy young men and women with interests in a variety of activities.

12.0 School Attendance

12.1 Prompt daily attendance is required by law and is a prime reason for success in and out of school.

12.2 A day of absence shall be considered as any situation of nonattendance of three and one-half hours of absence from school on a given day.

12.3 Students participating in a school sponsored activity must be present by 9:15 A.M. on the day of the event. If the event is scheduled on a Saturday, the student must be present the day preceding the event by 9:15 A.M. This lateness must come under the guidelines as set forth for an excused tardy. Exceptions to the Saturday event rule may only be made through the High School Administration. Doctors appointments and excuses will be reviewed for approval by the School Administration.

12.4 A pupil who has been absent from school during a semester for a total of twenty or more school days, shall not be eligible to participate in any athletic contest until he has been in attendance for a total of sixty school days following his twentieth day of absence, except that where there is a consecutive absence of five or more school days, due to confining injury, death in the immediate family, court subpoena, quarantine, or to attend a religious activity/function which the church requires its members to attend, or an absence of five or more school days due to the same confining illness, such absence may be waived from the application of this rule by the NIAA District Committee. Attendance at summer school does not count toward the sixty days required. Days absent during a period of suspension shall count as part of the twenty day absence total in a given semester.

12.5 When computing total days absent during a semester, days absent during a period of suspension shall count as part of the twenty day absence total in a given semester.

12.6 Pregnancy shall be treated as an illness if a physician certifies, in writing, that the student was unable to attend school as a result of pregnancy

12.7 Released time from class for a school-related activity may be denied for poor grades or poor attendance.

12.8 Practice Attendance - Any student reporting to a practice, game, or event late shall be penalized by rules as determined by the coach/advisor.

12.9 Any student removed from a squad or activity has the right to appeal to the coach, advisor, director, Athletic Director/Activity Coordinator, and the High School Principal who will confer before declaring the student suspended for the remainder of the season.

12.10 A pupil shall not represent his school in interscholastic athletics if he/she has:

- a) been in attendance more than 8 semesters beyond the 8th grade;
- b) completed the work of grades nine, ten, eleven and twelve, inclusive.

13.0 Awards

13.0.1 Permissible Awards.

- a) A school may purchase a sweater, jacket, blazer, blanket, shirt, jersey, watch, ring, scroll, photograph, medal, plaque, or similar trophy, with appropriate institutional insignia or comparable identification, for an athlete who has earned the official school letter or award, and present the same at the time the official school award is made.
- b) The sponsor or sponsors of an athletic event or group of athletic events may purchase a sweater, jacket, blazer, blanket, shirt, jersey, watch, ring, scroll, photograph, medal, plaque, or similar trophy, with appropriate institutional insignia or comparable identification, for an athlete who has earned the official award for the event or events, and present the same at the time the official award for the event or events is made.
- c) A non-profit service organization approved by the school Principal, or the news media, may purchase a sweater, jacket, blazer, blanket, shirt, jersey, watch, ring, scroll, photograph, medal, plaque, or similar trophy, with appropriate insignia or comparable identification, for an athlete, in recognition of his athletic ability or performance, and present the same at a time appropriate to such recognition.
- d) The institutions listed above may also sponsor athletic banquets to which athletes may be invited, without charging admission to such athletes.
- e) A pupil may accept from an institution of higher education which he/she visits in connection with his prospective or possible attendance there as a student, reasonable expenses necessitated by such visit, and free admission to home athletic events of such institution which occur during such visit.

13.1 Criteria

13.1.1 Letter Award

- a) Criteria - In the coach's, advisor's or academic discipline instructor's discretion with the approval of the Athletic Director and/or Principal, those students who demonstrated faithful attendance at practice or classroom or discipline, exemplary scholarship or sportsmanship, acted as positive role models for other students and ambassadors for their school and family, and took an active role as a general rule should be given a letter. This is exclusive of illness, injury or excused absences by the coach/advisor, instructor, Athletic Director or Principal.
- b) No student will receive more than one letter, regardless of the number of letter awards for which he/she qualifies. In lieu of additional letters, he/she will receive a gold bar which can be attached to the letter and indicates an additional letter award. Also, at the same time, the first letter

is awarded, a symbolic emblem of the sport will be awarded. A football, a baseball, a basketball, a track shoe, etc., will be the emblem awarded. If the student qualifies for a letter award in another sport, other than the one for which he/she received his/her original letter, the award will be a symbolic emblem which will be attached to the original letter.

c) Recognition that it may be difficult for certain students to achieve the required playing time or that there may be other exceptions, the coach, or instructor may recommend the award, with an explanation, to the Athletic Director and/or Principal.

13.1.2 Letter Awards for Managers

- a) Participant must serve faithfully and loyally during his/her term as manager.
- b) Participant must demonstrate traits of good citizenship in school and in the community.
- c) Managers may letter with a minimum of two year's service served in grades 9-12.
- d) The coach shall have the provisory power to recommend a particular award to an individual, who, in his/her estimation, has done some outstanding service, even though he does not meet the above requirements for that award.

13.2 Any awards to any student participant must be screened and cleared by the school administration.

13.3 Assemblies - The Principal of the school and the Director of Athletics/Activity Coordinator shall decide upon a specific date and time for the assembly

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